

20241016-Show158-PP-How Vaccines Harm Your Children with Christina Parks, Ph.D. Transcripts

* **Dr. Paul:** 38.14%

* **Dr. Christina Parks:** 61.86%

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Dr. Paul

Good morning. PhD. Welcome to Pediatric Perspectives, where we are looking at children's health challenges from a different perspective, one that includes critical thinking and is not afraid to give you the honest truth. I'm your host, doctor Paul. My guest today is Doctor Christina Parks. And boy, are you guys in for a treat today. Welcome, doctor parks.

00:00:45:57 - 00:00:47:46

Dr. Christina Parks

My honor.

00:00:47:51 - 00:01:14:51

Dr. Paul

Medical disclaimer here. Whatever I might say, whatever Doctor Parks might say is our own perspectives and opinions has nothing to do with PhD specifically, so. And, I'm retired, so we're going to just lean on Doctor Parks. Doctor parks, you are one of the most trained, well trained experts in the area of immunology. You graduated with a med double major, biochemistry and molecular biology, and then a PhD in cellular and molecular biology.

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Dr. Paul

With research in the field of cytokines signaling. That stuff just disease. My mind. These are the chemicals the immune system uses to communicate. And we're going to get into it today on basically how vaccines work, how they cause problems for the health of our children. But before we jump into that, just for folks who may not know you, I'm just curious, how did you get into this field?

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Dr. Paul

Just a little bit about your background, that why would you choose such a technical field of study.

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Dr. Christina Parks

Temporary insanity that went on for a really long time. I was just fascinated with how the body work. Unfortunately, the way that our medical system and our food system is now instituted is really soul draining. And I think a lot of us who are now coming it from an alternative perspective really see that. But I really wanted to to resolve things at their core.

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Dr. Christina Parks

So this is what I've always wanted to do, is really get down to the nitty gritty and how changes in gene expression affect our body. Like your skin cell expresses different genes in your eye cell than your liver cell. How does that even happen? And how does the body know how to go from a little ball of cells into a complete human being?

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Dr. Christina Parks

That was super, super fascinating to me. And so signaling is like how like a particular hormone or chemical binds to the outside of your membrane and turns on different genes that then tell your cells what to do, even to turn into different cells or create tissues with super fascinating to me. And so it was actually probably an act of God.

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Dr. Christina Parks

It seemed a chance at the time that I ended up in kind of the Department of Immunology, but I was actually working on growth hormone, which is a cytokine. But the signaling molecule set, your immune system uses the signal are the same ones that growth hormone used as a signal. So I studied those in depth. And in fact, a lot of the biologics and inhibitors and drugs that are out there now have to do with the signaling pathways that I studied in graduate school.

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Dr. Christina Parks

So I kind of think of that as a God thing that like what I'm doing now, what I did before, absolutely applies to what I'm doing now. And I didn't plan it that way.

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Dr. Paul

Wow. So to jump to vaccines in specific because I wanted us to focus on that today. You know, parents are faced with basically, you know, you're going in for your well-child visit. This is the bizarre thing. And as part of that, visit your pediatrician, your doctor is going to say, well, it's time for your vaccines. And pretty much you need to do these because if you don't, there's, you know, grave danger for your children.

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Dr. Paul

And I want maybe you can just make a comment about that, but then we're going to pivot to, you know, my first thought and question for you is, okay, are all vaccines the same and how dangerous they are? And if they are dangerous, why, why? So what's what's the mechanism by which these vaccines are dangerous.

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Dr. Christina Parks

So first of all I'm a parent too. And so I adopted my daughter had a brain abscess at two months. And then it recurred at six months. We brought her home at seven months like three weeks post brain surgery. And they wanted to give her her vaccines. And I was like, oh heck no. Like, we've got enough problems without adding, you know, immune dysfunction and possible autistic like symptoms on top of it.

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Dr. Christina Parks

And so I said no. And my very well-meaning pediatrician put so much pressure on me, and I did not give an inch because I knew and I didn't know nearly what I know now. But I knew that her brain was already inflamed, and we could not add any more inflammation to this already inflamed system. So I stood my ground, but I knew that any other parent would have caved under that amount of pressure that, you know, she said, you know, you know, she'll probably survive pertussis if she gets it, but it's going to be the worst three weeks of your life.

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Dr. Christina Parks

I'm like, she just had brain surgery in Ethiopia. I don't I think you're underestimating how bad the last three weeks of bad.

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Dr. Paul

Oh my gosh.

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Dr. Christina Parks

So I did a hard pass on that, but I walked out knowing that if with what I know, I could say no. No other parent I could think of was going to be able to hold up to that kind of pressure. So I absolutely have so much, empathy for what these parents are going through.

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Dr. Paul

Yeah. Well, I hope, hopefully, as we talk a little further into how vaccines are messing up our immune systems and how they're causing injury, parents will be armed with some of the information that you have that allowed you to say, absolutely not. And, you know, while we're on that little issue of parents, you're going in for your well-child visit.

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Dr. Paul

Don't go alone. Go ahead of time prepared with what your decision is about vaccines, because there will be pressure. Share with the audience. What do they need to know about how vaccines are causing injury? And are all vaccines the same?

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Dr. Christina Parks

So I think the first thing and, you know, my daughter was it was seven months. And I do want to say you were talking about how if you go and prepared, is you're going to be so much better off. And I do want to say that a later when I went into my pediatrician, she was like, no vaccines, right?

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Dr. Christina Parks

Okay. Right. So it didn't continue to be that. I mean, she was a very lovely lady. It wasn't you know, she really thought that. And, and and soon I found out that she was using more natural approaches.

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Dr. Paul

You a.

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Dr. Christina Parks

Good way. Interesting. You may affect other people too. Most people are really well-meaning. They just don't know. They just don't know. So the first thing that I would say is that there's a critical time in the development of an infant brain. And of course, we know that a lot of that is prenatal before the child is born. But after the child is born, up until between 2 and 3 years is the peak time for the development of that brain.

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Dr. Christina Parks

So any amount of acute and chronic inflammation during that time, or any aberrant signaling is actually going to affect the way the brain develops. So it would be one thing. And it used to be, and in fact, the immune system isn't really developed enough to receive and properly utilize a vaccine to develop immunity until after the child's two.

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Dr. Christina Parks

And when I was in graduate school, this is one of the first things that was a red flag for me. I said, why are they starting to move? It used to be like when I remember my vaccines because I was like three, 4 or 5. And I remember being like, yeah, don't stick me in the butt right? And now they moved them under two.

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Dr. Christina Parks

And I was like, why would you do that? When the immune system is not developed enough to properly handle these vaccines? And then so that means that a lot of them aren't actually going to. That's why you have to do several of them. And so it would be one thing that there are a few things. And maybe pertussis is one of them that we do want to try to, to, deal with as early as possible.

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Dr. Christina Parks

But the thing is, most of them they pushed under the age of two, and I really didn't understand why that was. And this was back in like 1995. It was very, very concerning to me because first it's not going to take. And second, you are affecting a time of critical immune development and critical brain development. So we know, and I think you did many of the studies, Doctor Thomas, that when you vaccinate early, you're increasing dramatically your chances of asthma and allergy and, 88 Hokey is another word for it.

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Dr. Christina Parks

And that is because you're just regulating the immune system. So hitting the immune system with a bunch of vaccines before it's more developed is increasing the chance of lifelong immune dysfunction and improper brain development. So the longer that you can push your vaccines off or only do what one you feel are critical ones during that early window, the more you're giving that immune system a chance to develop in that brain a chance to develop.

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Dr. Christina Parks

So let's say if your kids are going to school and maybe they only need one vaccine that you can't get out of or something, or it's a custody issue, whatever the issue is, if you push that up to 4 or 5, you may end up with some eczema or, some irritation. But you're not going to as likely end up with lifelong immune dysfunction or with a brain dysfunction which can manifest as autism or, many other, you know, sensitivities in terms of maybe the person that the child like, doesn't like their clothes on because they have, you know, their sensory system is dysregulated.

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Dr. Christina Parks

So the longer you push those off, the better chance of normal development of those systems of the body.

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Dr. Paul

Yeah. You know, you make an excellent point. I remember early on in my career I had a run in with some chiropractors, and they were saying to me, well, you know, the immune system's not developed until two years of age. And this was news to me. I didn't get that in my pediatric training. It was due the vaccines.

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Dr. Paul

I was like, really? So I was like, no, that can't be. I know the reason we were taught to do the vaccine super early, starting right at birth for the happy. Well, that one never made any sense. But for the other ones, the meningitis ones, the is when you mentioned the thought was, well, even a little bit of protection is better than none because some of those, you know, pertussis being an example, meningitis, they're more common and more deadly.

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Dr. Paul

The in the in the younger infants. So the idea was you're picking up the child at the time of greatest risk for those infections. The flip side is you've explained well and it's huge the devastation to their immune system, to their neurodevelopment. I mean, you and I are clear, and there's plenty of literature, right, that autism is indeed very closely linked to vaccines.

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Dr. Paul

What's the mechanism? You mentioned inflammation is there anything beyond that?

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Dr. Christina Parks

Sure. And I think that, there can be different mechanisms, which is why I really want to look at root causes. And so that's what I've done. And as we've talked about there are different types of vaccines. So we know the subunit vaccines like DTaP and flu. Those actually dysregulated immune system more than your live viral vaccines.

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Dr. Christina Parks

And so but then everyone was saying my kid regress after an MMR, which is three live viruses, a live viral vaccine. And so we know now that both can cause inflammation. But the subunit vaccines are more likely to cause dysregulation of the system. And, I really believe that there are some specific mechanisms that are different for different kinds of vaccines and then some general mechanisms.

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Dr. Christina Parks

So the specific ones, when you talk about something like DTaP or Hepi, they have a ton of aluminum in there and aluminum isn't infant bodies are not able to detox aluminum. In fact, some adult bodies don't detox it well and it causes inflammation. We know now from the work of Romaine Girardi that cells actually eat that aluminum.

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Dr. Christina Parks

And they take it first to the lymph nodes, the spleen and then to the brain. And so they dump their aluminum cargo in the brain where it's picked up by other immune cells, microglia. And that aluminum keeps them hyper activated. And so the brain is basically on fire because those immune cells are making inflammatory cytokines, which turn the brain on fire.

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Dr. Christina Parks

And the same cytokines that these immune cells make that have the aluminum are the same ones that we see in as markers of autism. Okay. So that is, pretty much incontrovertible data that that is causing inflammation that leads to these symptoms of autism. And so the good news is, if we can pull out that aluminum and you can then, if you haven't waited too long, like you can allow the brain to, reduce the inflammation and to heal and to get back on track and so the work of Doctor Chris actually showed that something is as simple as high silica water.

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Dr. Christina Parks

Don't add silica to water. This is his work, so it's not mine. But he showed that high silica water, such as Fiji water, is one that's really, prevalent in the US. From volcanic sources actually can bind to that aluminum and safely take it out of the body. And so since it's just water, like that's a no brainer solution, right?

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Dr. Paul

Right.

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Dr. Christina Parks

However, those same subunit vaccines that contain aluminum may be dysregulated in the immune system. And we don't know if when you pull the aluminum out, if that dysregulation of the immune system goes away or not. So they should still be used. You know, obviously with a lot of caution. Did you have a question before I move on?

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Dr. Paul

No, no, I was just reflecting. I've been recommending Fiji Water for anybody that's already vaccinated their child with aluminum containing vaccines. And almost all the vaccines, except for the live virus ones, do have a huge dose of aluminum is so much higher than what's recommended by the FDA for, parenteral, you know, which is injection or I.V.. It's it's massive.

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Dr. Paul

So.

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Dr. Christina Parks

It's super toxic, you know.

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Dr. Paul

Super toxic. And it's I read one article where the half life of the aluminum, once it's inside your cells, is seven years or possibly longer. It's sticking around, causing mischief. And this might be why it's so hard to recover some of our seriously harmed children, right? The severely autistic kids, sometimes recover, and you should absolutely do everything you can, but it's tough.

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Dr. Christina Parks

Well, and we know that the synergism between mercury and aluminum, when they had both is extremely neurotoxic. So there may have been irrecoverable damage done to people who got both. And when the vaccines contain both. And so and we know the flu vaccines can contain mercury. So it's really, really important. You know a lot of people are pushing flu vaccines in the younger children.

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Dr. Christina Parks

So and sometimes we have parents who are divorced. And so your your ex may take your child and and think, oh it's a great idea to get a flu vaccine at the same time as a regular vaccine or whatever. And they need to know that that combination of mercury and aluminum, if if they get a flu vaccine that has mercury in it, can be so, so neurotoxic to children.

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Dr. Christina Parks

Devastating.

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Dr. Paul

Yeah. I, I love the point you made sometimes in divorce situations or custody situations, you've got a parent who doesn't want to vaccinate, they've done their homework and one who wants to vaccinate because they've, you know, not done their homework as far as vaccine effects and to wait till after to wait as long as you possibly can. And on the flu shot, if you ever, ever give a flu shot, you insist on the single dose vials.

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Dr. Paul

I mean, they are the multi-dose vials make more profit for the person giving the shots, and so if you're taking your kid into a pharmacy or something like that, you're going to get the cheap multi-dose that has the mercury in it. You must insist on the time. Aerosol free, mercury free single dose shot, if you were even going to do such a crazy thing is get a flu shot, right?

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Dr. Christina Parks

And I do like to because, I mean, I do testify in a lot of these. And in fact, one case, the father, after listening to me testify, on the childhood schedule for about an hour and a half, was like, well, I just didn't know any of this. Like, I'm sure your ex-wife was willing to educate you, but.

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Dr. Christina Parks

Okay, we're here now, you know, let's take it. And it was amazing the change in him. And I think, you know, seeing someone that is an expert and, you know, I mean, I think a lot of times people are, are minimized. But I did want to say with regard to the aluminum, they use aluminum to induce models of allergy in animals clinically in the lab.

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Dr. Christina Parks

So like we know that it causes allergy. Why would we be injecting it to our children. You know we know it can call Alzheimer's. You know it makes no sense whatsoever. It's crazy. And in fact, as, a molecular biologist, I had no idea that the vaccines contained aluminum until I started to do my own research. And I was like.

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Dr. Christina Parks

Like what? You know, this is crazy.

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Dr. Paul

Yeah. And, I mean, you know, because you've done this work, but the vaccines wouldn't work without it, right? The vaccines that use aluminum need it to hyper activate the immune system so that there's some, enough interaction to develop antibodies, which is what we're taught is protecting us. But actually, maybe you can speak to this a little bit.

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Dr. Paul

Those of us or those of us who have children who are unvaccinated, they they still have protection. You don't have to have antibodies. Right. What's what's the other what's the good side of not vaccinating when it comes to actually having a different, more robust type of protection.

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Dr. Christina Parks

So one of the things we're seeing and this does relate in children is much higher rates of cancer. When I was a child, children really didn't get cancer. And there's a reason they don't get cancer. It's because of your innate immune system. So what your innate immune system is, is it's in your your your mucosa in, you know, your mucous membranes, of your body.

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Dr. Christina Parks

And also it's just your T cells. So you have cells that attack pathogens and viral infected cells right away. And children have a super strong innate immune system. So the other thing that your T cells do besides, attack virally infected cells is they actually attack cancer cells. And so they attack and destroy cancer cells and, children, because they have such a strong innate immune system, rarely developed cancer because those cells would be immediately destroyed by their strong innate immune system.

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Dr. Christina Parks

One of the things that these subunit vaccines do is they dysregulated destroy the innate immune system. And so that is your first line of defense. And a lot of times if, like pathogens don't make it past that, they're destroyed by the innate immune system. The other thing I want to say is that breastfeeding is so important, there's so many antimicrobial things in breast milk.

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Dr. Christina Parks

And actually the mother will make the antibodies and pass them through. So she'll kiss her baby, she'll discover whatever. You know, it might be yeast, it might be fungus, whatever pathogens might be in the environment, she's going to make antibodies and pass those through in the breast milk. And and when the baby suckle, that also gives her body that information of what that baby needs, not to mention just broadly antibacterial.

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Dr. Christina Parks

And so one of the things that I want to stress is that your, vaccines for bacteria, which is your DTaP, diphtheria, tetanus, pertussis, also your meningitis vaccines are against bacteria and the pneumococcal vaccines are against bacteria. The infant body doesn't respond well to bacteria. And the reason is, is because it doesn't want to put the immune system in a hyper inflammatory state during that critical time of brain development.

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Dr. Christina Parks

So God designed it. So that these anti microbial antibacterial compounds are in the breast milk. And so we know that children who are breastfed have extremely less risk of bacterial infection. Now I know not every mom can breastfeed but for those that can this is really a huge, huge opportunity to provide your child with protection. And so that is the route.

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Dr. Christina Parks

And we find that, most children, you know, who have a healthy immune system and are nutritionally sound are going to do just fine.

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Dr. Paul

Yeah. So then what would your suggestion be for those moms who just can't breastfeed for whatever reason? It happens and they're now nervous because, well, I can't I don't have that extra protection for my breast milk. Do do they need to run out and get the vaccines.

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Dr. Christina Parks

So what we know from looking at historically is that actually there weren't that many children who would get these diseases, whether it's diphtheria, pertussis, especially when we moved to better sanitation and better nutrition. And, you know, we know that like with measles, even in third world countries where they're in refugee camps and they're malnourished, if we get one double dose bolus of vitamin A, we cut mortality in half.

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Dr. Christina Parks

So our question shouldn't be like, you know, what can we inject you with to prevent you from getting something? It should be how can we support the child's immune system to work optimally? Because there are so many negative cost of vaccination? We really need to be. Again, when I started, like in graduate school, the idea was only to vaccinate against the most deadly diseases.

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Dr. Christina Parks

Now we think, you know, there's like 300 vaccines in the in the pipeline that we can protect against everything. And and it's a lie. The best way to protect is to support a healthy immune system. So making sure that your child is getting that vitamin C through their fruits and vegetables, that they're getting sulfur containing vegetables, such as, you know, broccoli or, onions, garlic, those help with making the body's master antioxidant.

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Dr. Christina Parks

And I do want to say here I'm going to tell a story. I had a friend, someone that I know, a young mother, and I watched on Facebook as she was in and out of the hospital with her third child with her, a little girl. And it was

right after two months. And so I put two and two together, and she kept saying, it's another respiratory infection, it's another respiratory infection.

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Dr. Christina Parks

And I was like, what people don't know. And what we kind of learned from Covid is when the body's depleted of its master antioxidant, the immune cells in the lungs sort of break apart. They sort of explode, and they dump these inflammatory cytokines all over the lungs, and it makes it look like a respiratory infection. So in looking at this, from the outside, I said, what it looks like to me is that that baby's system does not have enough antioxidants, vaccination and even respiratory illness, many things can be a huge drain on the body and it can deplete their antioxidant supply.

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Dr. Christina Parks

And so at that time, something like giving a child just, a dose of vitamin C, some vitamin D to reduce inflammation can be huge. So I reached out and I asked her, I said, hey, you know what's going on? And she told me and I said, you know, are you nursing? The baby might just be depleted. You don't even have to give the baby anything if you just replace your system with some vitamin D, and vitamin C, it's going to help enormously.

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Dr. Christina Parks

So she just went to Walmart, got a vitamin C, vitamin D supplement. That baby never went back into the E.R. because just making sure that that system has what it needs. And another great thing is Epsom salt bath. The baby's body will absorb the magnesium, which is needed for 200 reactions in the body and, extremely anti-inflammatory and also sulfur sulfate, which is used to make, again, the body's master Antioch's include a fat bone in the baby absorb those right through its skin.

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Dr. Christina Parks

So there are really, really simple things we can do to support our children, when they're ill or whatever. And my daughter, even though she had a brain abscess, she went to daycare and she, she, she drove all the time. So and she was constantly putting stuff in her mouth that she never got sick, whereas all of the kids who were super vaccinated were coming down with one thing after another.

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Dr. Christina Parks

And I know you've seen it. Chronic ear infections and the mom's giving antibiotics for the fourth ear infection in a row. And it's such a scary thing.

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Dr. Paul

But yeah, that was my practice for about ten years before I woke up to what was going on. I mean, vaccinating and treating ear infections. It was, 50 patients a day and half of them had ear infections. It was ridiculous. And, you know, of course, antibiotics, which made things worse. You're destroying, depleting the biome. It was a mess.

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Dr. Paul

Well, to wrap this one up, I, you've already touched on so many things that parents can do. Remember, when you're when you're feeding your baby, avoid glyphosate. That's a pesticide that also blocks glutathione, right. And depletes your ability to fight infection. So organic food you have, I've visited your vaccine injury teaching alliance. Vita or Vita?

00:25:11:51 - 00:25:36:33

Dr. Paul

Just share a little bit about how people can, can get Ahold of you and that organization because it's packed with information, folks. I mean, the defender, if you want to do research, go to the defender and search. It's an incredible. But if you want to just provide for parents, your your website is is a masterpiece. Just briefly tell people about that and, and some of the things they can find there.

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Dr. Christina Parks

Sure is V Star Dawg v Star Dawg. Don't try to search me or whatever. I'm censored. So that's that's not going to work. You got to go directly there. You're going to get a huge page on the childhood schedule. You're going to get an hour and 20 minute video talking about sort of breaking it down into subcategories so you can kind of understand it.

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Dr. Christina Parks

And then there's a page for every single vaccine on the schedule, and just a ton of information. And then there's a whole page on the Covid vaccines and on both of those they have mechanism of injury and everything's cited. So you can figure out, oh, you know, because if you don't know how your child or you were injured, then it's really hard to to know how to proceed.

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Dr. Christina Parks

Then if you become a member, which I tried to like, I'm tried to download everything from my brain so you guys know it. And then I'm going to continue to do research. But behind a very small paywall, I want to do this be inexpensive as possible, because I really want this information out there. But I do have to maintain the fight.

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Dr. Christina Parks

You're going to find all kinds of things on how to detox. You know, how to have less toxic alternatives because, taking charge of your health is a global issue. It's not just one issue. And what about genetic predispositions and what tests should you have and who you know, who should you go to? What are reliable suppliers of those tests?

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Dr. Christina Parks

So I'm trying to get all of that information. And I have a even a page on African American susceptibility. So people of African descent have some susceptibilities that make them more likely to be vaccine injured and more likely to have specific types of health problems. And so I have a page on that as well. So I really and a lot of those are simple solutions.

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Dr. Christina Parks

The science of how you got injured might be complex, but a lot of times the science of how to recover can be really simple. But you need to know there is science behind it that shows that it is provable that this is going to have a positive impact if you make a lot of these changes.

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Dr. Paul

Folks, I have become a member. This site is worth it. Just if you're skeptical and one of those people goes, I don't like Pam for anything. Hey, for two cups of coffee, just join for one month. You can cancel after that and see what's there. It is unbelievable. If I could create a website like that, I would.

00:27:43:51 - 00:27:57:11

Dr. Paul

I just don't have your bandwidth and knowledge. You're incredible. Thank you so much, Doctor Christina Parks, for being with us. And, we're going to get you back on the show because we just scratched the surface. So thank you very much.

00:27:57:16 - 00:27:58:43

Dr. Christina Parks

Thank you for having me.

00:27:58:48 - 00:28:14:19

Dr. Paul

You can check out my other show With the Wind at Doctors and science.com. And you can also take, coaching session with myself if you wish. Kids first forever.com. Those links are in the show notes. Thank you for your time today, and I look forward to seeing you next week.