

**With the Wind with Dr. Paul – Show 190: Pediatric Perspectives – The Ultimate Vaccine Timeline with Shaz Khan**

**Speaker Times:**

- **Dr. Paul** — 37.82%
- **Shaz Khan** — 48.11%

00:00:40:28 - 00:01:05:39

**Dr. Paul**

VAX facts this book hits bookstores December 10th. You can get a copy now by going to VAX Facts book.com, where you can get a signed author's copy, where you can order an e-book, or you can also preorder the book if you are seeing this message before December 10th. You can also order this book at any bookseller, any bookstore, wherever books are sold, and preorder your copy.

00:01:05:53 - 00:01:16:16

**Dr. Paul**

Get this book for your loved ones, for your family, for yourself, and let's get healthy.

00:01:16:16 - 00:01:26:48

Unknown

Do. You.

00:01:26:53 - 00:01:35:10

Unknown

Know.

00:01:35:10 - 00:01:57:04

## **Dr. Paul**

Good morning PhD. Welcome to Pediatric Perspectives where we're looking at children's health challenges from a different perspective, one that includes critical thinking. And we're not afraid to give you the honest truth. My guest today this is really, really, really a special day for me. We are going to be talking with **Shaz Khan**. Shaz, you were born in London.

00:01:57:09 - 00:02:27:26

## **Dr. Paul**

I thought you probably don't know this, but I went to high school in, Swaziland, British system. So we have a little similarity, perhaps in our backgrounds. Your Swiss Indian creative designer. For 25 years, you've been a researcher for 15 plus years. And you have a degree in product design. Certifications and courses in nutrition, anatomy and physiology, Immunobiology, vaccinology, notably at Oxford University, which for those of us in the British system, that was like the place right to get your training.

00:02:27:31 - 00:02:34:00

## **Dr. Paul**

Welcome to the show. I can't wait to dive into your new book, the Ultimate Vaccine Timeline.

00:02:34:05 - 00:02:39:47

## **Shaz Khan**

Thank you so much for having me, Doctor Paul Thomas, and for giving me the opportunity to present my book. Very grateful. Thank you.

00:02:39:52 - 00:03:05:01

## **Dr. Paul**

Absolutely. I've been working in the vaccine space for about 25 years. That's sort of been my passion. And there's just a handful of books. There's so many great books, but there's a

handful that I just go. These are must own books. I mean, whether we're talking about, Suzanne Humphrey's book, whether we're talking about Vaxed un vaxed, my recently released VAX Facts book.

00:03:05:06 - 00:03:19:29

**Dr. Paul**

But what we were missing was a reference, if you will, something really comprehensive. And that's what you've done with the ultimate vaccine timeline. So, folks, you can preorder this, I believe. Right. It's going to come out May 13th.

00:03:19:34 - 00:03:20:16

**Shaz Khan**

Yes.

00:03:20:20 - 00:03:30:15

**Dr. Paul**

Yeah. I'm real curious. You know, your background wasn't initially in science. What triggered your deep dive into the subject of vaccines?

00:03:30:20 - 00:03:50:13

**Shaz Khan**

So, yeah, full disclosure, I don't have a scientific or medical background, and I'm not even a parent, so vaccines weren't on the radar at all for me. It started basically in 2015 after my father passed away. And it was after he died in a very aggressive lung cancer. He never smoked. I found out he received a flu vaccine about two months before he died.

00:03:50:13 - 00:04:10:32

**Shaz Khan**

And I just started asking questions because by that point in my life, I was a bit more critical of allopathic medicine, of their way of treating illness. And it just I just had open questions like, well, well, flu vaccine. Did he need to worry? He shouldn't have got that flu vaccine if he was already close to I mean, he had stage four cancer.

00:04:10:32 - 00:04:27:41

**Shaz Khan**

So in my book, he was immuno compromised and shouldn't have received that vaccine. So I started researching the flu vaccine and what the side effects were known of the flu vaccine and a lot of neurological problems came up, which is one of the symptoms he had in hospital. He didn't actually have any respiratory issues. It was all neurological.

00:04:27:41 - 00:04:31:25

**Shaz Khan**

And he was given steroids for brain inflammation, which just didn't make sense.

00:04:31:30 - 00:04:34:07

**Dr. Paul**

Yeah. Steroids while you're trying to fight cancer.

00:04:34:12 - 00:04:34:41

**Shaz Khan**

Yeah.

00:04:34:46 - 00:04:35:31

**Dr. Paul**

Yeah.

00:04:35:35 - 00:04:49:50

**Shaz Khan**

So it just asked me a lot of questions and I'm a bit of a geek. So I just started reading up because as I said, vaccines weren't on my radar. So I started reading up one of the the most important books I would say I started with was Doctor Suzanne Humphreys Dissolving Illusions.

00:04:50:04 - 00:04:50:22

**Dr. Paul**

Yep.

00:04:50:33 - 00:05:05:47

**Shaz Khan**

Right. I had no I was not questioning vaccines at all before that. I mean, I last vaccine I got I didn't ask a single question of my doctor and just took it because he told me I should. But the more I started researching and initially it was books, and then I went to the libraries from about 2017.

00:05:05:47 - 00:05:24:35

**Shaz Khan**

That was my intensive national archive and library research in both Switzerland and the UK, and then later in the US. I think I was actually quite incredulous by what I was finding out, and rather initially I think I felt quite angry as well, felt betrayed because I trusted the system and I believed that smallpox and polio had been eradicated by the vaccine.

00:05:24:40 - 00:05:49:36

**Shaz Khan**

And the more I dug into it and the more I found documents in the libraries, in the archives, especially the archives, I realized, well, they've been actually covering this up for years,

and, we know the problems. They know what the problems are, primarily neurological. And the Swiss documents, as much as the UK documents, were just trying to brush it under the carpet, keep it in in internal documents that only get declassified about 40 years later.

00:05:49:41 - 00:05:50:44

**Shaz Khan**

And you get.

00:05:50:44 - 00:05:53:50

**Dr. Paul**

Your hands on, declassified documents.

00:05:53:55 - 00:06:21:44

**Shaz Khan**

Yes. In the National Archives in the UK, I made several freedom of information requests and I was refused some of those that were from the 80s. So I think there's still one at that point, quite 40, 45 years old. But I got access to a several documents from 1970s in the early 80s. And it was the like correspondence and meeting minutes between the JC but, the Joint Committee on Vaccination and Immunization, and also the Royal Civil Commission, Royal Commission on Civil Liability, I believe it is.

00:06:21:47 - 00:06:29:37

**Shaz Khan**

There were several files that had, you know, like closed on it and closed until like 2008. And no one had asked these documents. I mean, I was the first one looking at them.

00:06:29:42 - 00:06:30:09

**Dr. Paul**

Wow.

00:06:30:18 - 00:06:50:34

**Shaz Khan**

And then of concerning information in there, and it was obvious that they were trying to downsize, downsize or downplay already the injuries that were being observed back in those days. Obviously in the 80s, we didn't have the same schedule that we have now. Right. But there still were problems. And it wasn't just smallpox vaccine, which I think most people will admit now is was highly reactogenicity.

00:06:50:38 - 00:07:02:14

**Shaz Khan**

And that's why they took it off the market as soon as they claimed smallpox was eradicated. And it's the only vaccine, as far as I know, that actually has been taken off the market. As soon as they said they had the disease under control.

00:07:02:19 - 00:07:07:58

**Dr. Paul**

So what was the most damning article or pieces of information that you uncovered?

00:07:08:02 - 00:07:27:09

**Shaz Khan**

For me, I think there was one in the Swiss archives, which I haven't included in my book because it was all in German. I will put it on the website and put a translation, but the English National Archives had a document dated from 1977, where basically it's the Royal Commission on Civil Liability. They're they're exchanging, information and correspondence between each other.

00:07:27:23 - 00:07:49:52

**Shaz Khan**

And it was a document that had handwritten notes on it. So amendments to rewrite it. And what was admitted initially was the screaming to fits was a sign of brain damage. Now, for me, that was something quite significant because I have I have friends who were parents and I've I've heard a lot about this high pitched scream and the nonsense with vaccines, and they basically admitted that it was a sign of brain damage.

00:07:49:53 - 00:07:52:18

**Shaz Khan**

I'd never seen that written anywhere else.

00:07:52:23 - 00:07:52:46

**Dr. Paul**

Wow.

00:07:52:48 - 00:08:12:43

**Shaz Khan**

And for me, that was that was I think I had to drop my jaw when I was in the National Archives reading that, and that they just edited that away to downsize it. I think the, I find the exact term what was it like to a reference here? So the initial text was the effect of this brain damage to the talking about the, pertussis vaccine.

00:08:12:43 - 00:08:42:04

**Shaz Khan**

So the DTP at the time, which was combined, the effect of this brain damage include disturbed nights with crying and screaming to fits, loss of consciousness, all forms of physical and mental handicap, and sometimes death. And that was edited down to read. This brain damage may lead to forms of physical and mental handicap and sometimes death. So the quite in my opinion, hid the fact that screaming to fits could be a sign of brain

damage, and that that could have been a sign for parents to to know what's happening to their child after vaccination.

00:08:42:09 - 00:08:57:28

**Shaz Khan**

So that was when I read that it was the UK Department of Health and Social Security, current correspondence with the Royal Commission on Civil Liability from 1977 that I obtained under the Freedom of Information request. But now it's it's open source. It's it's, it's very public domain now.

00:08:57:32 - 00:09:23:44

**Dr. Paul**

Wow. Well, thank you for uncovering that. As a pediatrician, we were taught to tell parents that screaming, while it could be a reaction to the vaccine, it's normal. And so I'm just horrified to know that. I mean, I suspected, but you actually uncovered the actual evidence that they've known all along that that vaccine was causing death and brain damage.

00:09:23:49 - 00:09:54:16

**Shaz Khan**

And they admit to certain, what's the word, rates of damage as well. And the rates of damage, they assume a 25% underreporting rate, but they still acknowledged damage of 1 in 300,000, which I still think is very generous. But I've included the documents that I found in the book because I thought it was important. That was actually the impetus for me to write this historical reference book, as opposed to just another book on, vaccine safety, because I thought it was important that parents be aware of these documents that come from official sources.

00:09:54:16 - 00:10:05:34

**Shaz Khan**

And it's not just, you know, Google or some parent writing this. And for me, it was important that I can include some of these documents, along with other ones that I have found where they talk about the reaction rate.

00:10:05:38 - 00:10:30:54

**Dr. Paul**

Yeah. One of the most amazing and impressive things about this book. You dedicate 180 pages to the chronology of vaccines, discontinued vaccines, adjuvanted vaccines, the vaccine schedule. And it's thorough. I mean, you've got details in there that I didn't even know existed. So this is, this is a book that for sure we all want as a reference.

00:10:30:54 - 00:10:45:20

**Dr. Paul**

But how would you see regular people, parents, otherwise, using this book? What do you think would be the best way? It's it's such a massive undertaking. How can people get the most out of this book?

00:10:45:25 - 00:11:08:55

**Shaz Khan**

So yeah, it is pretty dense, but it's digestible. And the whole point is, I mean, obviously design. I tried to make it as visually attractive as possible and add as many images as possible, and it could be as a reference book. You couldn't. A parent can pick it up and look at the certain like time frame that interest them, or there's a whole section, for instance, on the summaries of the Institute of Medicine report, Medicine reports, which summarizes basically all the conditions that were analyzed.

00:11:08:55 - 00:11:39:19

**Shaz Khan**

And if they found or rejected or they accepted or rejected, that there was adequate or inadequate science or. So I've got lots of tables and summaries. And there's also the

timeline of the vaccine, makers. So all the manufacturers, because that's something I found very hard to follow, is actually who was making vaccines. And when they sold off the companies who got the license or the patents to the, to the, to the vaccine, so a parent can use it really as a reference tool.

00:11:39:23 - 00:11:59:25

### **Shaz Khan**

And complement will obviously some other books which are a bit more maybe, approachable. You can see on my bookshelf I've got quite a few books on vaccines, but this is definitely, I guess, for someone who wants to delve a little bit deeper into the historical aspect of vaccinations, to maybe hone their questions more detailed to their pediatrician or to their doctor.

00:11:59:29 - 00:12:17:17

### **Shaz Khan**

And the summaries, I think are quite important and make it very digestible because most people don't have time to delve into this documentation. I mean, I've spent hours and hours and hours of self-financed research on the subject, and I know most parents I speak to barely have time to read. You know, a slim book, let alone a dense reference book.

00:12:17:17 - 00:12:38:52

### **Shaz Khan**

But it's something that can be really picked up, piecemeal. And look at certain dates. I've highlighted all the facts that relate specifically to vaccination, but there are also other facts relating to the medical establishment or to what was going on socially, which I thought were quite relevant. And there is an index to make it very easy for someone to find something specific about looking for.

00:12:38:56 - 00:12:56:30

### **Shaz Khan**

And as I said, the appendix is quite dedicated to adverse reactions. So giving a parent information on how the authorities class and, recognize adverse reactions, which I think, again, are important tools for any parent speaking with their pediatrician.

00:12:56:35 - 00:13:19:40

**Dr. Paul**

Yeah, absolutely. Speaking to adverse reactions. You know, we we know they're just so underreported. The Harvard Pilgrim study thought it was like 1% are reported. And sounds like you found a document from the British literature that it's about 25% or something like that.

00:13:19:44 - 00:13:29:46

**Shaz Khan**

And it's just I think that's, that's that's very low to say the 25% underreporting rate back in the days when people didn't even know that there was any option to report side effects.

00:13:29:46 - 00:13:47:35

**Dr. Paul**

Right, exactly. And so many of these conditions that are directly noted and you documented in your book aren't commonly recognized by doctors or even the the general public to be vaccine related. Right?

00:13:47:40 - 00:14:13:45

**Shaz Khan**

Absolutely. Yeah. It they're very tight. There's a very limited time constraint where they will even consider it could be an effect from the vaccine. I mean, here in Switzerland it's 4 to 8 weeks. And I think in the US as well, I mean, they'll take in consideration, longer effects, but generally they're dismissed pretty quickly. And if you look at the vaccine injury table, you can see I don't think there's any injuries that are recognized if they happen within, you know, like three months after your vaccine.

00:14:13:50 - 00:14:28:04

**Shaz Khan**

Right? The underreporting rate, they admit of 25%, is tested. And again, this is looking at this was specifically neurological disorders. And they only looked within seven days of the vaccine.

00:14:28:08 - 00:14:58:22

**Dr. Paul**

It's insane because, from your research and from my clinical practice, I've noticed that the neurological issues such as regression into autism or just developmental delays can take months, sometimes years. You have a chapter on adjuvanted vaccines. When you were researching adjuvants, did you get any insight into, for example, why and how aluminum rose to be the adjuvant of choice, even though we know it's a massive trigger of autoimmunity?

00:14:58:26 - 00:15:22:27

**Shaz Khan**

Well, what I came across, first of all, I learned there are no adjuvants like the adjuvants themselves aren't, or approved. The adjuvanted vaccines are approved. So with aluminum being in already a vaccine formulation, that's what's approved. And for my understanding, because aluminum is being was discovered in the late 1920s and used for vaccine in the early 30s, there was just no question.

00:15:22:32 - 00:15:47:08

**Shaz Khan**

It's like it wasn't even on the radar for anybody. They just assumed, again, that's something I've noticed. Even with the vaccinology course I did. Oxford, there's just layers of assumptions. And those assumptions they're not question. There's no interest for the vaccine industry to actually look into the safety profile of aluminum on its own, because

they just assume, that it's it's got the action that they want, which is obviously to stimulate the immune system, which is what it does, but they don't look into the side effects.

00:15:47:08 - 00:16:03:26

### **Shaz Khan**

Same thing with summer. So therefore it which they used as well since the 1930s. And it wasn't till there 60 years later that they decided to take it off the market. And again they will admit that they took it off the market for any safety issues. It was more at a prevention, but I couldn't find in my research any information.

00:16:03:31 - 00:16:28:45

### **Shaz Khan**

Really analyzing aluminum. Then in the 1930s, that's 90s. So there was an aluminum aluminum workshop summary report that came out from Puerto Rico that was quite important. But again, it seemed like there was a push, pushback from the industry to admit to any kind of problems because there is cheap, to reformulate all the vaccines without aluminum would be quite expensive and time consuming.

00:16:28:50 - 00:16:52:00

### **Shaz Khan**

And even though the French, they used, an adjuvant called calcium phosphate back in the 60s until the 80s, if I'm not mistaken, which they took off when Australia was brought up by, Institut Pasteur. So they decided to, even though it had been pretty effective and less reactive genic, adjuvant than aluminum phosphate. They decided to take this off the market, even though it's still approved and still could be used.

00:16:52:05 - 00:17:03:10

### **Shaz Khan**

So to be quite honest, I, I wouldn't be able to answer that question because I haven't found any information where they were like questioning. We have to think back in the days, there's even less research than there is now.

00:17:03:14 - 00:17:21:26

**Dr. Paul**

Yeah. And you have a chapter on, basically trying to address the question how safe is the vaccine schedule? Now, of course, the schedule varies somewhat country to country. What did you find about what's out there in in research and information on the safety of the whole schedule itself?

00:17:21:31 - 00:17:43:25

**Shaz Khan**

Well, I think, you know, we're very well there there is no, no safety studies on the actual schedule itself. Again, layers of assumption. We just add vaccines and we assume they're safe. Some of the vaccines when they're tested before authorization, they do get tested with other vaccines but not the whole schedule. So again, it's just picking and choosing which ones we're going to choose.

00:17:43:25 - 00:18:01:31

**Shaz Khan**

But but consider there are quite a few differences in the vaccine schedule. For instance, here in Switzerland we don't give hepatitis B at birth. We start vaccinating from two months, but then pregnant women are also still recommended to get the DTP shot, the flu shot, and now the Covid shot and even RSV, as well, which is coming soon here.

00:18:01:35 - 00:18:31:32

**Shaz Khan**

And the whole schedule has not been tested. So it's, it's very concerning. And when I was putting so I found a study where it showed actually what happens in the brain from

preconception to conception up until two years old. Actually even older than that. But I showed that all the vaccines that were giving and I showed all the schedule I based on the first one, which is relatively light compared to the, I would say, you know, Chinese or the US, even some eastern countries which give hepatitis B from birth.

00:18:31:37 - 00:18:59:40

### **Shaz Khan**

You could see that they're giving these vaccines at a very key process in the neurological development. And that's just neurological. We're not looking at the immune system, the digestive system, endocrine, endocrine system. You can see that it could potentially interfere with a lot of important developments neurologically. And it's really listed like psychotic pruning and all that's going on in the brain, those key, developmental times and it's very concerning to know that, no vaccine manufacturer.

00:18:59:40 - 00:19:26:14

### **Shaz Khan**

And as far as I know, no institute or academic university has studied to see what the impacts are on the brain during this key phase of development. So, again, I mean, I don't have children, so I it's fortunate for me, I don't have to make that choice. But when I see parents getting just listening to the pediatrician saying, oh, yeah, he says it's the best way to protect my kid, this, that and the other last quote, do they know what the neurological side effects or impacts are?

00:19:26:19 - 00:19:31:05

### **Shaz Khan**

And explained confidence. It's blank trust, right.

00:19:31:10 - 00:20:08:53

### **Dr. Paul**

So I'm curious when you were studying vaccinology at Oxford, I'm guessing your experience was, well, probably more thorough than what I got in medical school. But, they probably still sweep this side effect issue under the carpet or just don't go there. Or. Or am I wrong? Are you really getting a deep dive in the within the vaccines, the side effects that are caused by the vaccines, the lack of double, you know, proper placebo, the lack of long term, studies looking at, you know, I don't know, did they did they touch on these other issues?

00:20:08:58 - 00:20:26:58

**Shaz Khan**

No. I mean, I did the course in 2019. In October 2019, I actually had Neil Ferguson as a teacher. Anyway, there was actually no mention of side effects, and there was only one teacher who I actually, because I went there, I was the only nonscientific person there, but I sat in there for anyone who was there could tell you.

00:20:26:58 - 00:20:44:59

**Shaz Khan**

I was probably the one asking the most questions. There was nobody who was talking about side effects. And if they did ever mention them, it was always the typical thing, which is it's local. It's in the last three days. It's inflammation of the, you know, the injection site, you have some fever and maybe some aches and pains, but it's nothing serious.

00:20:45:04 - 00:21:03:47

**Shaz Khan**

And we had a lady, so her name escapes me now. But she she was presenting the HPV vaccine, and there actually, you know, I put my hand up and I said, well, what do you have to say about, you know, Japan, who stopped recommending it in Denmark? There were lots of reports of serious side effects, including autoimmune diseases, neurological issues.

00:21:03:52 - 00:21:20:38

**Shaz Khan**

And she said, and I am quoting her, she said they were just making a fuss. The girls who were injured were just making a fuss. But she said that it's just I mean, this one, this lady was at least the only person who did announce her conflicts of interest before she gave a presentation. And she's worked on the HPV vaccine.

00:21:20:38 - 00:21:39:58

**Shaz Khan**

So she's worked with Merck, she's worked with GSK. I believe her whole career has been working on HPV. Margaret Stanley, I want to say something that I have to double check that. Sorry. But when she said that, I was just gobsmacked. It's like, how can someone say that a girl who is suffering from serious neurological damage is just making a fuss?

00:21:40:03 - 00:21:40:09

**Dr. Paul**

Yeah.

00:21:40:16 - 00:21:44:35

**Shaz Khan**

To the point where the Japanese actually stopped recommending it. I mean, it's still available, but.

00:21:44:40 - 00:22:07:52

**Dr. Paul**

They're still doing it. I had two girls, 15, 16 years old, who were top students, top athletes present with, severe neurological problems to the point where they couldn't walk well and they had massive brain fog, an inability to learn went to all the neurologists and finally I asked the right question and said, you didn't get any vaccines outside of my office, did you?

00:22:07:52 - 00:22:33:29

**Dr. Paul**

Because I hadn't given them the HPV, vaccine, the Gardasil. And, the girl goes in, well, separate visits. They both said, well, yeah, we got it at school and the parents job just went. The parents didn't even know. So in the US, most states have passed laws where children 15 or sometimes younger, can consent to vaccination without the parent's knowledge.

00:22:33:34 - 00:22:35:53

**Shaz Khan**

And it's the same situation here in Switzerland.

00:22:35:58 - 00:23:04:07

**Dr. Paul**

Wow. So that's something else. Honestly. So knowing what you know, having done such a deep dive and writing this masterpiece, the ultimate vaccine timeline, what would your recommendation be to a loved one or a friend or our listeners with regards to this big decision? And folks, if you're listening and this is a new topic for you, it is a very big decision when you decide to inject something into your body that could cause harm.

00:23:04:12 - 00:23:32:25

**Dr. Paul**

So, Shaz, I'm wondering what your I mean, granted, disclaimer, these are your personal opinions. I'm no longer licensed. This is just an informative show and but but you wrote an important book and you gathered a massive amount of important information. Given that knowledge, what would your recommendation be with regards to vaccines? For somebody that's starting to wonder if they should continue or if they should start in the case of maybe they're pregnant?

00:23:32:29 - 00:23:59:01

**Shaz Khan**

Well, it's it's interesting because when my father died in 2015, I had some very good friends who had their first kid in 2015 as well. So they kind of followed me on my my journey to discovering what I was about vaccines and being absolutely outraged, to be quite honest. Nowadays, I have to be very careful because I've lost quite a few friends on the way, of this journey in investigation, obviously, personally, for me, if I had a kid, I wouldn't vaccinate.

00:23:59:01 - 00:24:21:36

### **Shaz Khan**

And this is this is quite clear. But when someone asks me for a recommendation or serves on a book or a documentary, I the one of the first books, if anybody is interested in actually delving back because they want to, break their assumptions that, you know, the vaccine saved us from polio and from smallpox, I will send them to Dissolving Illusions, by Doctor Suzanne Humphreys for light, a book we have, in French.

00:24:21:36 - 00:24:40:37

### **Shaz Khan**

We have had a group of doctors who set up in 1987, following the national recommendation to vaccinate against MMR, and they're all kind of retired now, obviously, but they wrote a book called In French, so cambium vaccine for those who love a lot vaccine, little. And that is a great book because it's very small, it's very easy to digest.

00:24:40:37 - 00:25:01:59

### **Shaz Khan**

And they cover the main diseases, and the advantages or disadvantages of vaccines and their doctors. So they've written it as a collective of about 5 or 6 doctors. And so that's usually where I point them. It's there more. I'm unfortunately now people are very limited with the time that they have and, don't necessarily want to digest lots of information.

00:25:01:59 - 00:25:26:25

### **Shaz Khan**

So I send them to a documentary as well. Vaccines, obviously, one that I was sent to people so they understand how the system works and also how they try to cover up certain things. Vaccine vax, obviously, now that that's come out recently, recommend that one. That's also been translated into French recently. And then I wrote a little book called The Virus, which is my first self, published book, which I started in 2017, and it released it in 2021.

00:25:26:25 - 00:25:41:31

### **Shaz Khan**

And I try to send them to that as well, because if I had a dollar for every time I hear a parent say, oh my pediatrician, the virus circulate, that's why my kid is sick, I'd have lots of money because that's what the excuse seems to be. Often for pediatricians who don't know really what's wrong with our kids.

00:25:41:31 - 00:26:04:47

### **Shaz Khan**

I'll just say a virus is circulating. So I try to put them to that book as well because it's quite simplified. It's very visual and explains what we understand about viruses. And they're just as important as bacteria, and that without viruses there'd be no life. So if I can help dispel their fear about the disease, that helps them make a better choice about vaccines, because most people are just vaccinated because they're scared of the disease.

00:26:04:52 - 00:26:23:46

### **Shaz Khan**

But then there are lots of parents, obviously, who are between a rock and a hard place, whether they're afraid of the disease, but they're also afraid of the vaccine, for which case I ask them to really consider each vaccine. What are the risks for their child? Try to get the, separate versions if possible. Luckily, here in Switzerland, we're one of the few countries you still can get measles as a single, vaccine.

00:26:23:51 - 00:26:51:58

### **Shaz Khan**

The preorder especially, but it's still available. And really try to get for instance, deuterium pertussis. You can get a lone, sorry, diphtheria, tetanus. You can get on its own. Obviously, pertussis never existed on its own except for a very, very long time ago. And and ask the doctor hard questions. And if they feel that they're getting attitude or they're getting just, you know, I know based on your pediatrician, ask them how long they actually study vaccines.

00:26:52:03 - 00:27:17:11

### **Shaz Khan**

What do they know about the statistics? The effect on mortality, the effect on morbidity. I unfortunately have many friends who, when I'm speaking with them, they're all young and asking that question, but when they're face to the pediatrician, they're they're they're, let's say they're intimidated by the, you know, the power on the education level of the pediatrician, which obviously, I cannot compete with because I don't even have a scientific background.

00:27:17:11 - 00:27:19:19

### **Shaz Khan**

So it's like, well, what if you know what you're talking about?

00:27:19:19 - 00:27:43:53

### **Dr. Paul**

So, I was just like, sort of smiling when you said, ask the pediatrician, for their understanding and knowledge and research and all that. And unfortunately, folks, I mean, you know, I'm a retired pediatrician. I turned in my license due to a whole bunch of complex reasons we've covered before. But, we are trained to, to say, you know, this is my life.

00:27:43:53 - 00:28:12:25

### **Dr. Paul**

This is what I do. I study vaccines every day. Not so hardly ever study them. I did because of my huge interest. But, you know, reading throwaway journals that are written by the pharmaceutical industry and reading articles that are published in the mainstream journals that are, funded by the pharmaceutical industry doesn't give you the truth. It gives you, well, fabrication and lies, honestly, and certainly misinformation, sort of tobacco science.

00:28:12:25 - 00:28:36:09

**Dr. Paul**

You know, they set these studies up to show what they want to show. And usually it's to show there's no difference. So therefore it's safe. Like if they're comparing one vaccine to another. And I'm interested in learning a little more about your, you started in January 2021, an association with five medical and health professionals. Is that worthy of talking about?

00:28:36:09 - 00:28:37:49

**Dr. Paul**

I'm interested in what that is.

00:28:37:53 - 00:29:04:30

**Shaz Khan**

Yeah. Well, so, 2020 came along. We all know what happened with Covid. And, so a lot of my projects, I just, I spent the year reading, and by that time, I'd already made quite a few contacts in the medical field here locally. And with what was happening with the lack of, let's say, discussion and dialog with doctors who were obviously treating patients and getting good results with either hydroxychloroquine or ivermectin or even just vitamin C, vitamin D and zinc.

00:29:04:30 - 00:29:26:10

**Shaz Khan**

It was decided that we needed to create an association which we thought would be taken more seriously by the authorities, and the media. It would give us a voice, and a platform to

be able to share the experience that the doctors were having. It was doctors, nurses, midwives and also naturopaths and natural therapists. And we formed in January 21st.

00:29:26:10 - 00:29:49:17

### **Shaz Khan**

And the first request we made was basically asking for a moratorium on the mRNA technology, which at that point we'd already started vaccinating in Switzerland. There was already one death in Switzerland in December in 2020, but it was a 91 year old man, so it wasn't considered relevant or important. So we formed this organization with the hope that we would be able to get our voices heard in the media and with authorities.

00:29:49:17 - 00:30:10:41

### **Shaz Khan**

But we were largely, largely ignored by the cantonal authorities, which, it's very similar system, I guess, in Switzerland than it is to the US, where we have cantons, which you have states. And under the epidemics law, it's supposed to be the canton, which has a certain amount of flexibility to act and to make recommendations. But we discovered that during Covid that wasn't the case.

00:30:10:46 - 00:30:34:32

### **Shaz Khan**

Well, the directives were coming through federal government. The first moratorium that we requested basically got kind of dismissed by our swissmedic, which is the FDA equivalent, and of the RFP, which is the equivalent of the CDC. And many doctors at that point were just outraged. And like I, we don't understand why we're not allowed to treat our patients and why we're being, you know, dissuaded from from using treatments that we see work.

00:30:34:37 - 00:31:00:14

### **Shaz Khan**

The masking of children was a very huge subject that many doctors just couldn't understand why we were doing that. So we created a website and basically, a collective of about 220 members at the time to basically exchange information to realize that we weren't alone because a lot of doctors felt completely alone in their in their, perception of what was happening with regards to Covid, and were very frustrated or isolated.

00:31:00:14 - 00:31:32:37

### **Shaz Khan**

Many families broke up, many friendships broke up. So organization has basically grown from there. And we continue with demanding accountability. We wrote lots of lots of like hundreds of letters to authorities. It's this metric of ESP our cantonal doctors, doctors who were recommending vaccination of pregnant women in the hospitals. So we did a lot of, it grassroots activities as well, events like last year we participated in, organizing a demonstration against the Who.

00:31:32:42 - 00:31:54:50

### **Shaz Khan**

And there are pandemic treaty and the International Health Regulations, which they pushed through the in the in the last minute before they were closing their a world health assembly and basically getting connected as much as possible with the Swiss German part as well because bit of complication with Switzerland is we have four languages officially. So, you know, German being the main one, then French, Italian and then Roche, which is a bit of an obscure language.

00:31:54:50 - 00:32:22:56

### **Shaz Khan**

The not made the not making many people speak. So trying to collect our organizations to get stronger together. As I said, we have a website where we put most of the information, create lots of events, and we're actually now working after being requested to do so, a page on vaccines, not just Covid vaccine, because that was the one we concentrated on mainly, as well as HPV vaccine, because they're aggressively pushing that as well here in the schools and here in Switzerland.

00:32:23:01 - 00:32:27:01

**Shaz Khan**

The age of consent and discernment can be as low as 11.

00:32:27:05 - 00:32:27:44

**Dr. Paul**

Wow.

00:32:27:49 - 00:32:41:01

**Shaz Khan**

So it's very concerning for many parents who think that, you know, they they don't want their kids to get vaccinated, yet their kids get peer pressured at school. And obviously, you only hear a one sided argument in school. And then you can decide, oh yeah, I'll get it. And the parents don't even know.

00:32:41:08 - 00:33:11:57

**Dr. Paul**

So yeah, no, that is happening in the US as well. And parents, if you have children that are approaching that age, age 11 and you don't want them to be vaccinated at school, you need to make it really clear to your child that under no circumstances do you take any needle at school, period. Just have a nice long discussion about the reasons why and and start educating young because the schools are, educating in a different direction, starting with young.

00:33:12:02 - 00:33:33:29

**Shaz Khan**

This is not saying like, I worked for 25 years in marketing and communications, and what they share is information, especially to children in their little you know, colorful pamphlets.

It's it's propaganda and it's marketing languages. It's not it's not scientific, objective information that even a child could, could, you know, understand and make a decision. And, and that goes to the parents as well.

00:33:33:29 - 00:33:38:37

**Shaz Khan**

I mean, it's all it's all marketing language. It's nothing scientific piece about it any more in my opinion.

00:33:38:42 - 00:33:51:44

**Dr. Paul**

Yeah. No. Very good. And how can people, get in touch with you or find your book or find this, institute that you formed, for more information.

00:33:51:49 - 00:34:12:14

**Shaz Khan**

So first of all, the book is, is available on all, like, regular platforms, including Amazon, I believe, also directly from the publisher, Skyhorse Publishing and Children's Health Defense. It will be available from May 13th. It's available now already for preorders. I have a website that will come out and be launched on the same day. The book is coming out, which is called the Ultimate Vaccine timeline.com.

00:34:12:14 - 00:34:34:50

**Shaz Khan**

And I also published some content which is on health and science in general, which is called health Science. Simplified.com. The idea of that being just a place to share information about health in general and where our, our, where maybe we need to learn a bit more and simplify our understanding of what is disease and and how we can empower ourselves with information.

00:34:34:50 - 00:34:56:33

**Shaz Khan**

And again, for sources, we sent out National, which is the name of our organization. It's renowned for scientists. Everything is in French, unfortunately. But, all the documentation are letters, all the actions that we've done and videos that we've made available or on that website or even via odyssey.com, and we don't believe we put anything on Rumble.

00:34:56:33 - 00:35:09:53

**Shaz Khan**

So, so that's the only way you can get a hold of me. And if you want to reach out, there's a contact form that is available on health Science amplify.com and the ultimate vaccine timeline.com.

00:35:09:58 - 00:35:19:20

**Dr. Paul**

Wonderful. Shaz, you are a brilliant author and you have created a masterpiece. Thank you so much for coming on.

00:35:19:24 - 00:35:23:05

**Shaz Khan**

We so much coming from you. Thank you so much for everything that you're doing.

00:35:23:09 - 00:35:37:05

**Dr. Paul**

You're so, so welcome. And folks, don't leave yet because I'm going to give you a little update on my court case. And, this is just a couple minutes here in the wrap up. So thank you so much Chaz. And I can't wait to visit you in Switzerland.

00:35:37:10 - 00:35:38:55

**Shaz Khan**

Thank you, Doctor Thomas. Thank you so much.

00:35:39:00 - 00:36:02:38

**Dr. Paul**

Well, folks, the update is I just got the message that the petition to the Supreme Court was denied. Now, my attorney, Steve Jonker, said, you know, only 1% are accepted to be given a full hearing at the Supreme Court, despite the fact that we had massive support for this movement. But here's the thing that's not a surprise.

00:36:02:40 - 00:36:30:23

**Dr. Paul**

Those of us who are aware of the challenges with informed consent, the challenges of getting the accurate information on vaccines out to the public, we know our public health departments are captured. Our, you know, our medical schools are captured. Most doctors are captured in a system where they cannot even speak freely. So we will carry on not only here on this show, pediatric perspectives, but in everything that we're doing.

00:36:30:23 - 00:36:54:31

**Dr. Paul**

Those of us who have a heart for this, just like Shaz does to get you the truth right. And this is a call to action for everyone, we especially parents. But for you, if you're not a parent individually for your own health and wellness, it's about making sure you take charge of your own health and the decisions. And don't let anybody, doctor or otherwise, tell you what to do with your own body.

00:36:54:36 - 00:37:25:52

**Dr. Paul**

Bodily integrity. Having informed consent that's coming from somebody knowledgeable. So I used to do informed consent back before I was aware of vaccine risks. That said something like, well, vaccines are safe and effective, which is still what most doctors are saying. Nothing could be further than the truth. In our recent book, VAX Facts that just came out, we've got a table in the back that shows the chance of death from a vaccine, and compare that to the chance of death from the disease for which that vaccine is given.

00:37:25:57 - 00:37:43:52

**Dr. Paul**

And in every single case, you are more likely to die from the vaccine than you are from the disease. Now, the first printing had an error in a couple of those tables. So if you if you look at it and you see an error, an error there that's been fixed in subsequent issues. So my apologies for that for that.

00:37:43:57 - 00:38:04:59

**Dr. Paul**

But anyway, I want to tell you we are here to give you the truth. Ask the tough questions. And I can't thank Shaz enough for this massively important book. The Ultimate Vaccine Timeline. I'm available at Kids First forever.com. You can also get coaching if you are a parent or someone who's struggling with this decision of should I vaccinate or not?

00:38:05:04 - 00:38:22:58

**Dr. Paul**

Don't hesitate to go to kids first forever.com. It's the number for and both. Dee Dee Hoover, who's the coauthor on the VAX Facts book and myself, we offer coaching where we will walk you through whatever it is you're struggling with. It's always a pleasure. We'll see you next week.

00:38:23:02 - 00:38:23:52

Speaker 3

Hi.

00:38:23:56 - 00:38:26:16

**Shaz Khan**

Sorry. I will leave everybody.

00:38:26:20 - 00:38:29:42

Speaker 3

But tell us your name. I'm Elizabeth Painter, and you are?

00:38:29:44 - 00:38:34:14

Speaker 4

And I'm Virginia. And how old you. You? Virginia? I'm, 11 years old.

00:38:34:28 - 00:38:35:49

Speaker 3

Okay. This story about you, isn't it?

00:38:36:02 - 00:38:36:48

**Shaz Khan**

Talk us through.

00:38:36:49 - 00:38:53:47

Speaker 3

Because she's the youngest, right? Correct. Correct. I took it for sure. So my story probably starts really when my sisters and I were young. I was born in 75, and we all, had to have

used certain shots, and we all had pretty adverse reactions to MMR and to the point where my one of my sisters, Amanda, was sort of never the same.

00:38:53:47 - 00:39:10:56

Speaker 3

My mom said she was a perfect baby. Screamed and cried. At that point you could still sort of write, you know, things on a piece of paper with a pencil. So my mom actually started kind of lying and changing, you know, making updates for us because she didn't want to do it anymore. She didn't want you having the MMR and I shots and shiny shots.

00:39:10:56 - 00:39:28:04

Speaker 3

So she would kind of make up dates. This was back in the 70s and she started to kind of know better. You know, she started to know better. So when I became a mom, I was a little bit of an older mom. I was 30, and I sort of followed my older sister's lead and decided I was going to just phase things out, doing very slowly at my own pace.

00:39:28:08 - 00:39:52:28

Speaker 3

My ex-husband was a naval officer. So, my daughter, my oldest daughter, when she was two, I guess or so started her first round. It was after, an excellent MMR booster that's in San Diego at a medical facility there, where she needed a booster. And the nurse even was hesitant and said, the timing's off on this.

00:39:52:28 - 00:40:17:52

Speaker 3

Can, you know, double check. Went back to the doctor twice and we gave it to her. She broke out in hives for a year straight, almost every day. Terrible. All over her body. So at that point, I was like, we're done. We're not doing this anymore. It was a sort of an advantage

because all the states that we lived in in California and Hawaii, when my kids went to school, even Tennessee, they, didn't, you know, they could use a religious exemption.

00:40:17:56 - 00:40:39:53

Speaker 3

When we came back here. I had at that point, I had Virginia, Molly and Truman Truman 16. Molly's 18, and Virginia's 11. Unfortunately, my husband and I at the time, ended up going through a divorce, which was sort of a long time coming. And the card he played had always been very supportive of the religious exemption and not vaccinating our kids.

00:40:39:58 - 00:41:00:14

Speaker 3

I were even times where I said, you can really do the research if you want to convince me otherwise, but this is not, you know, this is the road I want to go down. So in court here in Rochester, New York, when the religious religious exemption was removed, unfortunately, that was the card he played. And the judge said I was wanting to homeschool.

00:41:00:14 - 00:41:21:17

Speaker 3

And the judge, Gal Danoff real, said to my attorney, get those kids shot up and get them in school. And at this point, Virginia had had none, and Truman had had none. And Molly had only had, you know, maybe a couple at that point. So probably one of the most terrifying moments in a, you know, my life, having my, my choice for my kids health, removed.

00:41:21:22 - 00:41:29:02

Speaker 3

I said he was on board with that. And so it was I mean, it was. Yeah. Correct. And so let's use the children. Yeah.

00:41:29:07 - 00:41:30:45

**Shaz Khan**

Yeah. We had a story like this. Yes. Yeah.

00:41:30:49 - 00:41:49:47

Speaker 3

So. And I know that through the, the ways that I followed after the religious exemption was removed, there has been many other single mothers like myself. Who specific judges in this area, you know, said that did not allow them to even homeschool. So that was removed from me also that right to homeschool my children. As a result.

00:41:49:52 - 00:42:15:02

Speaker 3

So at that point, they were put on, an aggressive, catch up schedule, which was, you know, really hard. So they had to get a lot and there was really no clear answer of, you know, between communication between the doctor's office and the schools. There was a time where her older sister, Molly, they gave for a second happy, because they said it was a week too early, things like that.

00:42:15:02 - 00:42:36:34

Speaker 3

Things were all times where my kids had to get sent home from school because, you know, it was down to the day and they hadn't had their that booster that they needed. And, so she you were probably you were in kindergarten at the time. So she was probably about 5 or 6, about five. And she had to have her MMR, which was always scary.

00:42:36:34 - 00:42:51:45

Speaker 3

I'm thankful to say that I went to a, a wonderful Christian practice here where the nurses were really they would pray with us and things like that, because I was a wreck, you know, and and I was afraid for what would happen. But you were allowed to take your children for these shots. Say that again. You were allowed to take your children.

00:42:51:58 - 00:43:12:02

Speaker 3

Correct. Correct. So, I tried my best to, you know, there was no way I could spread them out. I couldn't, I was aggressive, aggressive, aggressive. To keep them in school. So by court order, say that again. I was by court order. Correct. Yeah. And by court order. And, in order to keep them in school.

00:43:12:07 - 00:43:35:46

Speaker 3

So at this point, I had connected with, Kevin Barry, actually one of the attorneys in New York state dealing with the religious exemption. One of my sister's dear friends from new Jersey, Susan Sweeten, was, somebody that was really helpful to me through this whole process. And so I would, you know, call her constantly and, you know, try to figure out what my rights were and how how I could slow this down or whatever.

00:43:35:46 - 00:43:57:22

Speaker 3

So I had Kevin Barry's number on my phone. She got an MMR. And the next day, I was kind of tying her hair up, and she was just covered, covered with a measles rash, and, I had noticed pretty quickly, with all my kids that they were my kids have maybe been on antibiotics twice in their whole life, you know, before that.

00:43:57:22 - 00:44:13:48

Speaker 3

And so, the sicknesses, you know, the things that were just kind of all of a sudden coming, after the, chickenpox one, they all broke out in a rash. So she had a pretty aggressive rash. And I really kind of freaked out. Took her right back to that same doctor that I'd literally been that the day before.

00:44:13:48 - 00:44:37:55

Speaker 3

And I brought her in. They sort of frantically shuffled us into a back room. My mother was with us, and, it was really traumatic. They masked us all up, like, somehow, you know, in the first thing the doctor said to me was, now this is going around the Amish community. Have you any have you been around anyone else that had, you know, and I just looked, I swore, and I cursed this past week.

00:44:37:55 - 00:45:03:47

Speaker 3

Doctor, I said, you can hear me. And, you know, really lost my mind because I was like this. She was here yesterday. This is clearly a result of that. They were swabbing her. Doing deep. No, she's sobbing. And, it was pretty stressful. And I think the most jarring thing for me on that day was when I got on the phone with Kevin Barry and, kind of for asking his advice, and he said, I haven't put into words right now.

00:45:03:52 - 00:45:20:26

Speaker 3

And I said to my doctor, I want this pulled up. I want this pulled into his right now. And my doctor looked at me and said, I don't know what that is. You know, I have no idea what the the adverse reaction, reporting system was. So Kevin kind of talked me through that, and I pulled it up and he said, make sure he does it right there when you're there.

00:45:20:26 - 00:45:35:08

Speaker 3

And so, the doctor seemed pretty annoyed and basically said, well, you know, 15% of kids, you know, can have, you know, a small percentage can have a reaction. At that point, I had her father on the phone to and he said, what's no big deal? It's no big deal. You know, she was pretty sick after that.

00:45:35:08 - 00:45:48:00

Speaker 3

She definitely had a fever. I was sort of coming from the background of my mother. Like, all these things should be reported. Fevers, all those kinds of things. So to hear that my doctor had no idea what that was, really broke my heart. So.

00:45:48:09 - 00:45:48:29

**Shaz Khan**

But it.

00:45:48:29 - 00:45:49:23

**Dr. Paul**

Was filed.

00:45:49:28 - 00:46:09:55

Speaker 3

Correct. And have you heard anything back? Correct. No, no. And it was nothing. No, I never heard anything back. No. But I watched him do it. I got a copy of it. So at that point, there were a lot of other let's call them, hiccups in the system trying to get my other kids caught up. There was, a second one where they gave, my other my older daughter, one that she didn't need.

00:46:09:58 - 00:46:16:09

Speaker 3

You know, I've had to leave one, but, that one might have been.

00:46:16:14 - 00:46:38:44

Speaker 3

The polio. I feel like it was the polio one. The other thing that I, you know, that's been an issue for my son more is, HPV, you know, just more getting into. I mean, I have not given that to any of my kids, obviously. And that's not one that's mandated, but, you know, it's it's terrifies me that it being in New York state, you know, this is, you know, I just want to run, take my kids to more where they're safe.

00:46:38:47 - 00:47:02:42

Speaker 3

And you can't no I can't. So the blessing for her right now is, where we currently are in school. We don't have a nurse. We're not really in the system yet. You know, with the shoes and tags and things like that. But, you know, it's kind of a blessing because no one's on me like they are in public school to to make sure, and there's a lot of like minded people there, but you feel like the MMR did more injury to your family than.

00:47:02:56 - 00:47:18:10

Speaker 3

Absolutely. I mean, from the time I was a baby, you know, my sister Amanda, I think of it all the time. We're very close. But she was a perfect baby. You know, my mom's the perfect happy baby, and she just you right after, you know, we all spiked high fevers, got very sick, and Amanda was just never the same.

00:47:18:14 - 00:47:32:57

Speaker 3

So, again, I've never done the MTA for gene mutation. I'm curious if I think probably more of us have that in my family. And that wasn't something I even understood was a thing until this religious exemption was removed.

00:47:33:02 - 00:47:36:53

Speaker 4

So what? We're really sorry that this happened to you.

00:47:36:58 - 00:47:42:02

Speaker 3

It's not okay. And.

00:47:42:07 - 00:47:52:11

Speaker 3

And your mom is great. She's a church. I'm so lucky to have a mom, I like that. What would you like to be when you grow up?

00:47:52:16 - 00:48:06:59

Speaker 4

I think I'd like to be, an artist. Because I do really like art. I have a, Let's say, quite an interest for art. Yes, quite a. A really like.

00:48:07:10 - 00:48:11:39

Speaker 3

She's an excellent art. What do you like, drawing or painting?

00:48:11:44 - 00:48:20:08

Speaker 4

Sometimes. Like animals or like outside or like everywhere? I don't know, sometimes I just carry around a sketchbook and like.

00:48:20:19 - 00:48:25:05

Speaker 3

She said, try to look at anything and draw. Yeah. You have a natural gift. Like Papa. I'm an art teacher.

00:48:25:10 - 00:48:30:51

Speaker 4

Yes. An artistic family. Right? That's brilliant. That's one. I look forward to seeing your work.

00:48:30:56 - 00:48:33:26

Speaker 3

Keep me updated.

00:48:33:31 - 00:48:35:14

Speaker 4

Well thank you for telling your story.

00:48:35:19 - 00:48:55:23

Speaker 3

Thank you so much for being here all of you. It's important to this second story from this area of court ordered. I'm like that and I think there's a lot more I know that there's a lot more. And I have a feeling it's sort of the same judge. And yeah, it's disappointing. It's terrible. Well, you're a beautiful young lady and it's been.

00:48:55:23 - 00:48:58:18

Speaker 4

Wonderful to have you sitting here. Thank you so.

00:48:58:19 - 00:49:05:26

Speaker 3

Much. Okay.

00:49:10:45 - 00:49:12:21

**Dr. Paul**

I look forward to running

00:49:12:21 - 00:49:36:39

**Dr. Paul**

together with the wind at our backs, revealing the science that gives clarity in our world that's full of propaganda and misinformation. Visit our website [Doctors in Science Rt.com](http://DoctorsinScienceRt.com). Sign up, donate if you can. Your support makes a difference. And let's make this the weekly show the world has been waiting for. Thanks for watching.

00:49:36:45 - 00:49:44:01

**Dr. Paul**

I'm **Dr. Paul**.