

With the Wind with Dr. Paul – Show 211: Pediatric Perspectives: Breaking Down Measles Misinformation with Ben Edwards, MD. and Polly Tommey

Host: Dr. Paul Thomas

Guests: Ben Edwards, M.D. — Founder and Medical Director, Veritas Medical Polly Tommey — Interviewer (Segment 2) (*Credentials stated conservatively and accurately*)

Series: Pediatric Perspectives

Length: Approximately 37 minutes (Segments 1–2)

Summary

In this episode of *With the Wind with Dr. Paul*, Dr. Paul Thomas is joined by Ben Edwards, M.D., founder and medical director of Veritas Medical, for a firsthand account of treating children during the Texas measles outbreak, including nutrition, cod liver oil, and budesonide as supportive measures, and the role of informed consent around the MMR vaccine.

In the second half of the episode, Polly Tommey turns the tables and interviews Dr. Paul directly, covering the ingredients and history of the MMR vaccine, financial incentives tied to childhood vaccination, the liability protections created by the 1986 Immunization Act, and a comparison of measles mortality risk against reported vaccine injury risk. The focus remains educational and informational, emphasizing context, clinical judgment, and informed decision-making—particularly as it relates to children and families.

(No medical advice. No promotional language. Faithful to transcript content only.)

Key Points

- 00:00:59 — Dr. Paul opens Pediatric Perspectives and introduces Ben Edwards, M.D.
- 00:03:27 — Ben Edwards' background: UT Houston medical school, chief resident in family practice at Waco, founder/medical director of Veritas Medical since 2012
- 00:04:37 — Ben Edwards describes firsthand observations treating measles in Gaines County, Texas
- 00:06:20 — Measles pneumonitis (airway inflammation) and the use of nebulized budesonide as supportive treatment
- 00:10:44 — Nutrition recommendations for building resilience, including cod liver oil and vitamin A dosing
- 00:17:20 — Warning signs for parents: respiratory distress and dehydration as reasons to seek emergency care
- 00:17:32 — Ben Edwards on informed consent and risk-benefit analysis for the MMR vaccine
- 00:24:18 — Polly Tommey interviews Dr. Paul on MMR ingredients, vaccine history, and package insert findings
- 00:27:43 — Dr. Paul explains financial incentives and admin fee bonuses tied to childhood vaccination
- 00:30:56 — The 1986 Immunization Act's liability protections, and a comparison of measles death risk versus reported MMR vaccine death risk

(Timestamps are approximate and should align clearly with the transcript.)

Quote

"I always start with food. I mean, eat real food." — Ben Edwards, M.D.

(Quotes must be verbatim and accurately attributed. Use em dash before guest name.)

Resources

- The "Tweakable" Wise Traditions Diet: Making an Ancestral Diet Work for You with Sally Fallon Morell
<https://www.westonaprice.org/podcast/the-tweakable-wise-traditions-diet-making-an-ancestral-diet-work-for-you-with-sally-fallon-morell/#gsc.tab=0>
- Exclusive Interviews: Seminole Texas Parents
<https://live.childrenshealthdefense.org/chd-tv/events/trending-news-segments/exclusive-seminole-texas-parents/>
- Second Measles Death – Peter Hildebrand
<https://live.childrenshealthdefense.org/chd-tv/events/the-peoples-study/second-measles-death-peter-hildebrand/>
- Priorix MMR – Vaccine of the Week
<https://live.childrenshealthdefense.org/chd-tv/events/vaccine-of-the-week/priorix-mmr-vaccine-of-the-week/>
- MMRII – Vaccine of the Week
<https://live.childrenshealthdefense.org/chd-tv/events/trending-news-segments/mmrii-vaccine-of-the-week/>
- Veritas Medical
<https://veritaswellnessmember.com>
- Vax Facts
<https://vaxfactsbook.com>
- Kids First 4Ever
<https://kidsfirst4ever.com>
- Doctors and Science
<https://doctorsandscience.com>

(Resources must be discussed or referenced in the episode. Format: site title → link. Inline links may be used in the summary if appropriate.)

Disclaimer

The information shared in this episode is for educational and informational purposes only and is not intended as medical advice. It does not establish a doctor–patient relationship. Always consult a qualified healthcare professional regarding medical decisions.