

With the Wind with Dr. Paul — Show 203 — Pediatric Perspectives: Children's Health Updates with Peter McCullough, M.D.

Host: Dr. Paul Thomas

Guest: Peter McCullough, M.D. — internist, cardiologist, epidemiologist

Series: Pediatric Perspectives

Length: Approximately 31 minutes

Summary

In this episode of *With the Wind with Dr. Paul*, Dr. Paul Thomas is joined by Peter McCullough, M.D. — internist, cardiologist, and epidemiologist — for a wide-ranging conversation on the childhood vaccine schedule and its relationship to children's health outcomes. Drawing on hundreds of peer-reviewed studies reviewed through the McCullough Foundation, Dr. McCullough walks through the mechanisms by which combination vaccination may contribute to inflammation in developing children, examines autism spectrum disorder through the lens of established causality criteria, and shares recent updates from ACIP and Capitol Hill. Dr. Thomas brings his own decades of pediatric practice to the conversation, including his observations on unvaccinated children and the growing concern among parents nationwide.

This episode covers Segment 1 only. Content is educational and informational. No medical advice.

Key Points

- 1:35 — Dr. Paul introduces Dr. McCullough: his credentials, his work establishing early treatment protocols for SARS-CoV-2, and his new book *Vaccines, Mythology, Ideology and Reality* (co-authored with John Leake)
- 3:26 — Dr. McCullough's personal vaccination history: vaccinated throughout childhood and career, including repeated measles shots after failing to mount immunity; total of 69 vaccines received over his lifetime
- 5:59 — McCullough traces his professional journey from not thinking about the childhood schedule to reviewing hundreds of peer-reviewed studies through the McCullough Foundation
- 10:03 — Discussion of the mechanisms of concern: cytokines stimulated by vaccines readily crossing into the developing brain, as well as the role of aluminum adjuvants; McCullough distinguishes aluminum CNS toxicity from autism and expresses greater concern about aluminum and long-term Alzheimer's risk

- 12:35 — The 1986 Vaccine Injury Compensation Act: removal of liability from manufacturers and Justice Sotomayor's dissenting opinion warning that it would eliminate industry incentive to develop safer vaccines
 - 14:02 — Autism spectrum disorder: now 1 in 31 children as of 2022 CDC data; 27% with profound autism; McCullough applies Austin Bradford Hill causality criteria and discusses the Hannah Poling case — a 19-month-old whose vaccine-triggered autism was recognized by the vaccine injury compensation court in 2008
 - 16:38 — Risk factors framework for autism: older parental age (women over 35, men over 40), premature delivery before 37 weeks, common genetic variants, and combination vaccination as a potential trigger in susceptible individuals
 - 21:34 — Vaccination during pregnancy: McCullough references a JAMA randomized trial showing premature infants who received the vaccine schedule in the hospital had higher rates of apnea; Dr. Paul raises the connection to SIDS; Dr. Miller's data showing the vast majority of sudden infant deaths occur within days of a vaccine bundle
 - 26:36 — ACIP updates: RFK Jr. replaced the prior committee; recent changes include a vote against universal Covid-19 shots and discussion of delaying MMRv to age 4–6 for the booster dose; blowback has been significant despite the modest scope of the changes
 - 29:20 — MMRv vs. MMR: Dr. Paul notes that combining MMR with varicella doubles the seizure risk; approximately 17% of first-dose MMR vaccinations at 12–15 months use the combined MMRv
 - 30:46 — Varicella vaccine and shingles: five studies show recipients have higher rates of shingles as adults; Dr. Paul notes the trade-off between approximately 50–100 annual U.S. chickenpox deaths in 1995 and the resulting increase in shingles cases
 - 31:13 — A recent JAMA report showing only 40% of parents plan to follow the routine vaccine schedule; Dr. McCullough's closing thoughts on what a healthy child born today looks like
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Quote

"When I count up 40 flu shots and everything else, I have taken 69 vaccines in my body." — Peter McCullough, M.D.

Resources

- *Vaccines, Mythology, Ideology and Reality* — Peter McCullough, M.D. and John Leake
- McCullough Foundation
- Children's Health Defense — referenced by Dr. McCullough as the organization advocating for vaccine safety on behalf of parents
- CHD 2025 Conference: Moment of Truth — Speaker Announcements
- CDC ACIP Votes to End Universal COVID-19 Shot Recommendation — The Focal Points
- Three Peer-Reviewed Studies Provide Grounds for Immediate Market Withdrawal of COVID-19 mRNA Injections — The Focal Points

- *Vax Facts* — Dr. Paul Thomas and DeeDee Hoover — informed consent for every vaccine on the childhood schedule
 - Kids First 4Ever
 - Doctors and Science
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The information shared in this episode is for educational and informational purposes only and is not intended as medical advice. It does not establish a doctor–patient relationship. Always consult a qualified healthcare professional regarding medical decisions.